



Senior Centers/Nutrition Centers

Senior Center	Address	Phone	Trans	Other	Misc.
*Baden St. Settlement MARC of Baden	86 Vienna St. Rochester, NY 14605	(585) 325-4910	•	•	Special Events
Brighton Senior Center	220 Idlewood Rd. Brighton, NY 14618	(585) 784-5260	•	Wegmans	
*Centro De Oro	817 E. Main St. Rochester, NY 14605	(585) 256-8900 Ext. 23	•	•	Medical & Emergency
*Charles Settlement House Northwest Senior Center	71 Parkway Rochester, NY 14608	(585) 277-0810	•		
*Chili Senior Center	3235 Chili Ave. Rochester, NY 14624	(585) 889-6185	•		
*Community Place of Rochester	145 Parsells Ave. Rochester, NY 14609	(585) 288-0021 Ext. 173	No		
East Rochester Senior Center	317 Main Street, 1 st Fl East Rochester, NY 14445	(585) 385-3643	No		
*Gates Senior Adult Program (Town of)	1605 Buffalo Rd. Rochester, NY 14624	(585) 247-6100 Ext. 287	No		
*Greece Community & Senior Center	3 Vince Tofany Blvd. (off Long Pond Rd.) Rochester, NY 14612	(585) 723-2425	•	•	Greece Mall
Hamlin Senior Center	1658 Lake Rd. Hamlin, NY	(585) 781-4063			Mon-Fri 8am-4pm
*Henrietta Senior Center/Don W. Cook	515 Calkins Rd. Henrietta, NY 14467	(585) 334-4030	•	Wegmans	
*Hilton-Parma Senior Center	59 Henry St. Hilton, NY 14468	(585) 392-9030	•		
Honeoye Falls/ Mendon Senior Citizens Club	167 N. Main St. Honeoye Falls, NY 14472	(585) 624-4133 (585) 624-3758	No		2 nd & 4 th Tues 12 -2 pm
*Irondequoit Senior Center	450 Skyview Ctr Pkwy Irondequoit, NY 14622	(585) 336-6077 (585) 336-6070	•	•	
*Italian American Community Center	150 Frank DiMino Way Gates, NY 14624	(585) 594-8882	No		
55+ Wellness Center at the JCC by Lifespan	1200 Edgewood Ave Rochester, NY 14618	(585) 461-2000 X 1015	No		Wellness, Education, Arts/Culture classes & workshops
*Lifespan Wolk Café at Sibley Square	25 Franklin St. Rochester, NY 14604	(585) 232-3280	•		
*Lifespan Lily Café at the Maplewood YMCA	25 Driving Park Avenue Rochester, NY 14613	(585) 341-4013	Non- drivers		Wellness, Education Classes, Outings, Events



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Los Flamboyanes	100 Borinquen Plaza Rochester, NY 14605	(585) 325-4070	No		
*Montgomery Southwest Senior Center	10 Cady St. Rochester, NY 14608	(585) 436-3090 X 204	•		
*Office for the Aging Meal Program	435 East Henrietta Rd. Rochester, NY 14620	(585) 753-6280	•		Nutrition program only
Ogden Senior Center	200 South Union St Spencerport, NY	(585) 617-6126	•		
OWLS (Older Wiser Learning Seniors)	1101 Clover St Rochester, NY 14610	(585) 473-3200	No		Meet Thursdays 11:30 – 1:30 Discussion, Exercise & Lunch (opt \$5donation)
Penfield Recreation Department	1985 Baird Rd. Penfield, NY 14526	(585) 340-8664	• Tues		
Perinton Recreation/ Senior Programs	1350 Turk Hill Rd. Fairport, NY 14450	(585) 223-1617	•	Eastview Mall	
*The Prayer House Church of God by Faith http://prayerhousecogbf.org/ *See website for details	270 Cumberland St Rochester, NY 14605	(585) 244-3940			Meal Program Tues & Thur 11am-1pm (Optional donation)
*Pittsford Senior Center	35 Lincoln Ave. Pittsford, NY 14534	(585) 248-6235	Elderberry Express		Lunch served Mon, Wed & Fri
Rainbow Seniors Roc https://www.facebook.co m/groups/189441578739 9393/	Mailing Address: 68 Ashland St. Rochester, NY 14620		No		Rainbow Seniors ROC is an advocacy, service, and social group for Roch area LGBTQ+ seniors (50+).
Sweden Clarkson Community Center	4927 Lake Rd Brockport, NY 14420	(585) 431-0090			
*Webster Senior Center	1350 Chiyoda Dr. Webster, NY 14580	(585) 872-7103 x 7105 or 7106	•	•	Medical, other
*Wheatland Senior Center	22 Main St. Scottsville, NY 14546	(585) 889-1284	•		

***Nutrition Center** – meal served residents age 60 and over

Transportation - to and from the Center, usually within the senior center area

Shopping – transportation to and from the center for grocery shopping

Med - transportation to and from the center for medical appointments

The inclusion or exclusion of an entity does not constitute an endorsement or disapproval by Lifespan. We do not assume responsibility for the quality of services provided. Staff shall review the inclusion/exclusion policy on a regular basis to ensure the policy meets the needs of Lifespan. We reserve the right to exclude and/or remove any entity from the Lifespan I&A. **Last Update:** 4/4/2024