



Respite/Short Term Stay Services

Respite programs provide planned, short-term, and time-limited breaks for families and caregivers, in a facility or in a residential setting, or at home with the assistance of a Home Health Care Agency. People may consider respite care when the caregiver needs a break, after a stay in the hospital, while they are waiting to move somewhere permanent, to see whether they would like to live in a facility permanently, etc.

Persons seeking respite at licensed care facilities (skilled nursing facilities, assisted care facilities) must meet the basic admission criteria for the facility. Admission subject to bed availability. Contact facilities of interest directly.

In addition to the resources below, respite care services may also be provided at home by Companion Care or Licensed Home Care Agencies, or respite care services may be obtained at Adult Day Programs. Please refer to Home Support Services, Home Health Care Agencies, Adult Day Programs, Social Model, and Adult Day Programs, Medical Model listings.

Skilled Nursing Facilities

Facility	Contact Information	Misc Information
Aaron Manor 100 St. Camilus Way Fairport, NY 14450	(585) 388-4415 www.aaronmanor.com	7 day minimum 30 day maximum Private pay or Medicaid
Brook at High Falls Nursing Home & Rehab Center 2150 St. Paul St Rochester, NY 14621	(585) 342-5540 http://thebrookrehab.com/	2 week minimum No maximum Private pay
Crest Manor Living & Rehab Ctr 6745 Pittsford-Palmyra Rd Fairport, NY 14450	(585) 223-3633 http://www.crestmanorliving.com/	10 Day minimum No maximum Private pay
Elderwood of Lakeside at Brockport 170 West Ave Brockport, NY 14420	(585)395-6095 http://www.elderwood.com/location/elderwood-lakeside-brockport/	Based on availability
Episcopal Church Home 505 Mt. Hope Ave Rochester, NY 14620	(585) 546-8400 www.episcopalseniorlife.org	2 week minimum 4 week maximum Private pay
Hamilton Manor Nursing Home 1172 Long Pond Rd Rochester, NY 14626	(585) 225-0450 https://www.hurlbutcare.com/our-communities/hamilton-manor	Case-by-case basis
The Highlands at Pittsford (Highlands Living Center) 500 Hahnemann Trail Pittsford, NY 14534	(585) 383-1700 https://www.highlandsatpittsford.org/the-living-center/	No minimum/maximum Private pay
The Hurlbut 1177 East Henrietta Rd Rochester, NY 14623	(585) 424-4770 www.hurlbutcare.com	2 week minimum Private pay or Medicaid

Need more help? Call Lifespan (585) 244-8400 or go to the Lifespan website: www.lifespan-roch.org

Respite/Short Term Stay Services

The Jewish Home of Rochester 2021 Winton Rd South Rochester, NY 14618	(585) 784-6396 www.jewishseniorlife.org	30 day minimum Private pay, PRE-PAID
Kirkhaven 254 Alexander St Rochester, NY 14607	(585) 461-1991 https://www.kirkhaven.com/	No minimum/maximum Private pay or Medicaid
Latta Road West 2100 Latta Rd Rochester, NY 14612	(585) 225-0910 https://www.hurlbutcare.com/our-communities/latta-road-west	Case-by-case basis
Latta Road East 2102 Latta Rd Rochester, NY 14612	(585) 225-0920 https://www.hurlbutcare.com/our-communities/latta-road-east	Case-by-case basis
Monroe Community Hospital 435 East Henrietta Rd Rochester, NY 14620	(585) 760-6025 www.monroehosp.org	2 week minimum No maximum Private pay or Medicaid
Waterview Heights 425 Beach Ave Rochester, NY 14612	(585) 663-0930 x2108 www.thegrandhealthcare.com	7-10 days minimum Private pay (possibly Medicaid)
Wesley Gardens 630 East Ave Rochester, NY 14607	(585) 241-2111 www.wesleygardens.com	Call for Information

Assisted Care Facilities

Facility	Contact Information	Misc Information
Evergreen Place Brockport 90 West Ave Brockport, NY 14420	(585)326-9456 https://www.pegasus seniorliving.com/evergreen-place	30 day minimum No maximum Memory Care available Private pay
Brookdale Pittsford 159 Sully's Trail Penfield, NY 14526	(585) 770-0479 https://www.brookdale.com/en/communities/brookdale-pittsford.html	30 day minimum No maximum Memory Care available Private pay
Crimson Ridge Gardens 1 Treeline Dr Rochester, NY 14612	585-720-9310 www.crimsonridgeseniorliving.com	7 day minimum Memory Care available Private pay
GrandeVille Senior Living 555 Maiden Lane Rochester, NY 14616	(585) 621-6160 www.grandeville.com	7 day minimum 60 day maximum Memory Care available Private pay
Heather Heights 160 West. Jefferson Rd Pittsford, NY 14535	(585) 264-1600 www.heatherheights.com	30 day minimum No maximum Memory Care available Private pay

Respite/Short Term Stay Services

Facility	Contact Information	Misc Information
The Landing of Brighton 1350 Westfall Rd Rochester, NY 14618	(585) 271-1925 https://bridgeseniorliving.com/community-landingofbrighton	No specific respite services, but short term (30 day) stay possible
Laurelwood at the Highlands 300 Hahnemann Trail Pittsford, NY 14534	585-586-7600 www.highlandsatpittsford.org	1 week minimum 6 weeks maximum Private Pay
The Legacy at Grande'Vie 2140 Five Mile Line Rd Penfield, NY 14526	(585) 381-0680 http://legacygrandevie.watermarkcommunities.com/living-choices/short-term-stays/	30 day minimum 120 day maximum Memory Care available Private pay
Rochester Presbyterian Home 256 Thurston Rd Rochester, NY 14619	(585) 235-9100 www.rph.org	1 week minimum 6 week maximum Memory Care available Private pay
Sage Harbor at Baywinde 100 Kidd Castle Way Webster, NY 14580	(585) 670-7000 www.seniorlifestyle.com	30 days minimum 6 weeks maximum Memory Care available Private pay
Cirrus Manor 2515 Culver Rd Rochester, NY 14609	(585) 467-4544 https://cirrusmanor.com/	Call for Information
Westwood Commons 50 Union Square Blvd N. Chili, NY 14514	(585) 293-2060 www.depaul.org	7 days minimum No maximum Private pay
Wolk Manor 4000 Summit Circle Drive Rochester NY 14618	(585) 341-2307 http://jewishseniorlife.org/living-options/wolk-manor/respice-care/	10 day minimum 120 day maximum Private pay
Woodcrest Commons 4495 West Henrietta Rd Henrietta, NY 14467	(585) 334-1800 www.depaul.org	7 day minimum No maximum

Independent Living Communities

Facility	Contact Information	Misc Information
Castle Pointe at Baywinde 200 Kidd Castle Way Webster, NY 14580	(585) 670-7300 www.seniorlifestyle.com	30 days minimum 6 week maximum
The Gables 2001 South Clinton Ave Rochester, NY 14618	(585) 461-1880 https://gablesofbrighton.com	2 week minimum



Respite/Short Term Stay Services

Day Programs – Overnights Possible

Facility	Contact Information	Misc Information
Marian’s House 2980 South Clinton Ave Rochester NY 14618	(585) 287-5553 www.jewishseniorlife.org	NO PERSONAL CARE AVAIL Weekends only* *2 week notice required

Local Support Options

Heritage Christian Services Respite Programs Contact Heritage Christian Services resource advisor at (585) 340-2000 https://heritagechristianservices.org/services/opwdd/respite/	<p>The respite programs at Heritage Christian Services offer short-term care for children and adults with special needs, which gives their caregivers the gift of time.</p> <p>Some programs, like Respitewood and Respitelodge, can offer overnight support while others provide after school respite – all at sites that are owned by HCS. In addition, HCS serves families who are interested in hourly respite or in having a staff member provide respite in the family’s home.</p> <p>Professional staff members are certified in CPR, first-aid and specialized care techniques to support a wide variety of physical, emotional and behavioral needs. There are no out-of-pocket costs for Heritage Christian respite services as long as applicants: have a developmental disability, live at home with a parent or guardian and are enrolled in Home and Community Based Services Waiver.</p>
New York State Caregiving and Respite Coalition Lifespan 1900 South Clinton Ave Rochester NY 14618	<p>The New York State Caregiving and Respite Coalition (NYSCRC) is a partnership of dedicated organizations and individuals committed to supporting the millions of informal caregivers throughout the state. Through the Lifespan Respite Grant, NYSCRC is working to develop a comprehensive, sustainable program with the goal of training hundreds of volunteer respite providers throughout the state.</p> <p>http://www.nyscrc.org</p> <p>The site provides links to websites for New York State Office for the Aging (NYSOFA), Monroe County: Caregivers Resource Guide, The ElderPages Resource Guide, AARP Caregiver Resource Center, National Alliance for Caregiving, ARCH National Respite Network, Family Caregiver Alliance, Kinship Navigator</p> <p>Classes Offered: Powerful Tools for Caregivers (6 sessions) http://lifespan-roch.org/care-navigation-planning/ Local Contact: Eve Moses (585) 244-8400 x 213 Email: emoses@lifespan-roch.org</p>

*The inclusion or exclusion of an entity does not constitute an endorsement or disapproval by Lifespan. We do not assume responsibility for the quality of services provided. Staff shall review the inclusion/exclusion policy on a regular basis to ensure the policy meets the needs of Lifespan. We reserve the right to exclude and/or remove any entity from the Lifespan I&A system. **Last Update:** 3/12/24*

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