

Many area organizations have food pantries and also may provide other services like hot meals, hygiene supplies, clothing and other assistance. There may be limits on how often supports are accessed, income limits and other supplies and services (like financial assistance) are dependent upon availability.

SNAP Recipients: Please also refer to the Grocery Delivery listing as many local grocery stores will accept SNAP through either Instacart or via their website. There will be small fees included, but options are for pick up at the store or delivery. <u>https://www.lifespan-</u>roch.org/resource-lists (Select Grocery Options.)

Supplemental Food Access:

Food Cupboards: Area food cupboards are also resources to access food. There are listings of local food cupboards on the following pages. You can find the most up to date listing at <u>https://foodlinkny.org/find-food/</u>

NY Fresh Connects: At participating farmer's markets, farm stands or mobile markets, SNAP participants using their EBT benefits can receive an additional \$2 Fresh Connect check for every \$2 SNAP benefits exchanged for tokens. This match maxes out at \$50 per day. Participating sites can be found here: <u>https://agriculture.ny.gov/farmers-markets-county</u>

Rochester Public Market Token Program: The Public Market does participate in the NY Fresh Connects program. https://www.cityofrochester.gov/markettokenprogram/

Curbside Markets (via Food Link): Are mobile markets where you can shop for healthier choices, many may accept SNAP benefits. For more information: <u>https://foodlinkny.org/program/curbside-market/</u>

Community Meal Programs: There are places where you may be able to drop in for a free meal. Information on these sites is located at: https://foodlinkny.org/find-food/

Pop-Up Pantry: Food Link also brings emergency food relief to parts of their service area which have limited access to traditional food pantries. Information on these can be found at: <u>https://foodlinkny.org/program/pop-up-pantries/</u>

If you are over 60 or disabled and prefer to speak with someone about what benefits you may be eligible for, you can contact Monroe County's NY Connects team at (585) 325-2800.



			ONROE		ТҮ			
Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Blessed Sacrament Supper Club 534 Oxford St Rochester, NY 14607 585-271-7240	All Monroe		M-F 5:30p- 6:30p (M-W in July& Aug)					Also provides Ministry and Outreach
Catholic Charities Family and Community Services Community Resources Services Program Rochester, NY 14605 585- 232-2050 ww2.fcscharities.org/services/community- resource/	All Monroe	Call					Call*	Call and leave detailed message about emergency and will get a return call to schedule appointment in 2-3 business days. *Rent/Mortgage Assistance if available Languages: Spanish
House of Mercy 285 Ormond St Rochester, NY 14605 585-546-2580 houseofmercyrochester.org/	All Monroe	M-F 9a-3p	Call		Yes	Call	Call*	*Emergency Financial Assistance-if available (utility bills, security deposits, back rent, personal IDs, birth certificates, funerals) -Emergency Shelter -Drop in Social Services -Spiritual Services
Rochester Deaf Kitchen (located on Rochester School for Deaf Campus) 1545 St. Paul Street https://www.rochesterdeafkitchen.com/home	All Monroe Deaf residents	Hours Open: Wed 9-11am Sundays 1-4pm						Nonprofit serving the Deaf community of Rochester, NY. Grassroots volunteer-based organization.
The People's Pantry (formerly South Wedge Food Program) 555 Avenue D Rochester, NY 14621 585-325-4950 peoples-pantry.org/	All Monroe	W, F & SAT 9:30a- 12p		Call				No longer makes deliveries



ALL MONROE (cont.)

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Salvation Army 70 Liberty Pole Way Rochester, NY 14604 585-987-9540 rochesterny.salvationarmy.org/empire/rochester/	All Monroe	M-F 9a-1p		Call	Limited (infant and small children)	Light- bulbs	Call*	-Advocacy/Referrals -Crisis Management -Stranded Traveler -Missing Persons -Fire Victim Assistance (Needs Red Cross Referral) -Prescription Assistance (Must be for "life threatening" purposes) When Available: -Bus Passes -*Financial Assistance if available
St. Joseph's House of Hospitality 402 South Ave Rochester NY 14620 (585) 314-8028 https://www.saintjoeshouse.org/blog/programs/hospitality/	All Monroe		Bag Lunch 11:30am to 12:15p Daily	Shower Avail TH 9a-11a				Open daily at 9a, coffee or tea available until they open or it is gone Also has a foot and nail clinic 3- 4 times in late fall/early winter
Third Presbyterian Church 4 Meigs St Rochester, NY 14607 (585) 271-6513 thirdpresbyterian.org/	All Monroe	TH 9:15a- 11:45a	SAT 11:00a- 12n	Varies				Hygiene supplies vary based on donations.
Trillium Health Food Cupboard 259 Monroe Avenue Rochester, NY 14607 585-545-7200 https://www.trilliumhealth.org/patients-and- clients/food-cupboard	Open to anyone with a need for food	Call for Appt						Clients eligible once a month



City of Rochester—Northeast Zip Codes 14605, 14609, 14610, 14617, 14621

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Antioch Baptist Church 304 Joseph Avenue Rochester, NY 14605 585-454-6096	14605							Homeless food and clothing ministry Thursday, 11am
http://antioch304.org/ministries.html Baden Street Settlement 13 Vienna St Rochester, NY 14605 585-325-4910 x 1133 https://badenstreet.org/emergency-family-assistance/	14605 14609 14610 14621	Call for Appt			Call		Call*	Emergency and Family Assistance helps meet basic family needs. Families and individuals can receive emergency food, clothing, *rent/mortgage (if available), transportation, advocacy. Families and individuals can be referred to other services such as substance abuse treatment programs, case management, job training or employment programs.
Bethany House 1111 Joseph Avenue Rochester, NY 14621 585-454-4197 https://bethanyhouserocny.org/	14621	ТU-ТН 10а-1р			Children's Closet (baby clothes, diapers and wipes)			-Women as head-of-household only -Proof of family size required -NO income guidelines or restrictions
Community Food Cupboard 11 Nester Street Rochester, NY 14621 585-325-4990 http://www.rochesterfoodcupboard.org/	14604 14605 14609 14617 14621 14622	W and F 9a-4p (Appt needed)						Will deliver to medically referred individualsFoods for special diets, e.g. diabetic, low sodium are included where needed.Will serve outside of area once.



City of Rochester—Northeast (cont.) Zip Codes: 14605, 14609, 14610, 14617, 14621

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Community Place of Greater Rochester 145 Parsells Avenue Rochester, NY 14605 585-288-0021 https://www.communityplace.org/family-services/	14605 (partial) 14607 14609 14610 (partial) 14621	M-TH 9a-12p and 1p-3p F by appt		Call	Call	Call	Call*	Clients can get food every 3 months; the amount depends on household size *Rent/Mortgage Assistance if available
Gerhardt Neighborhood Outreach Center (Hope Shop at Joy Community Church) 906-918 North Goodman St Rochester, NY 14609 585-434-1600 https://gnocrochester.org/hope-shop	14609	F 12p	F 12p					Every Friday at 12noon, a light meal is served along with a brief encouragement from the Word of God. At 1pm on Fridays, fresh produce donated by Wegmans among others is distributed.
Loop Ministries located at The Lutheran Church of the Incarnate Word 597 East Avenue Rochester, NY 14607 585-738-2170 http://loopministries.org/	14603 14604 14605 14614 14620	TU & TH 10a- 12p						Proof of address needed for food pantry
New Bethel CME Church 270 Scio Street Rochester, NY 14605 585-232-3815 http://newbethelcme.org/contact.html	14605 14609 14612 14621	TU & TH 11a-1p						Weekly pantry services to feed homeless people and low-income families
St. Andrew's Area Food Pantry 890 Portland Ave Rochester, NY 14621	14621 14609 (partial)	W-F 9a- 11:30a		Call	Call			Walk-in accepted with ID proof of address and household income. Every



585-338-1764				age, race and religion are
https://sites.google.com/view/standrewsfoodcupboard				serviced by the pantry.

City of Rochester—Northeast (cont.) Zip Codes: 14605, 14609, 14610, 14617, 14621

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
St. Mark's & St. John's Episcopal Church Food Shelf 1245 Culver Road Rochester, NY 14609 585-654-9229 https://www.stmarksandstjohns.org	14609 14621	W 10:30a- 12p						Please bring valid ID Farm Stand: Saturday 9:30am- 12:30pm (July through September only)
Sister M. Regis Food Cupboard 316 Bay St Rochester, NY 14605 585-325-4041 https://211lifeline.org/detail.php?id=8891701	14605 14609 14621 (certain streets)	M, TU & TH 11a-1p						To apply for and obtain food, callers must go to the food pantry in person. Proof of address is required. No fee for service. (Only covers certain streets) Languages: Spanish

Need more help? Call Lifespan (585) 244-8400 or go to the Lifespan website: www.lifespan-roch.org

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City of Rochester—Northwest Zip Codes 14606, 14608, 14612, 14613, 14615

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Charles Settlement House 71 Parkway Rochester, NY 14608 585-277-0810	14608 14611 14613	M-F 9a-5p	Sr Center M-F	Call	Yes	Call	Call*	Call for hours appointment: Best to call between 8:30am-1pm *Rental Assistance if available
Cameron Community Ministries 48 Cameron Street Rochester, NY 14606 585-254-2697 x114 https://cameroncommunity.org/programs	14606 14613	Call	M-F 12p- 1:30p		Call			In order to serve as many people as possible, require IDs for each family member and limit requests to once a month. Clothing House Monday-Friday 8:30am-12:30pm and 2:30pm to 4pm. By appointment only, (585) 254-2697 x 108
Holy Cross Church 4492 Lake Avenue Rochester, NY 14612 585-663-5432 www.holycrossrochester.org	14612	Call						Serves Charlotte area only *Call the office to listen to the greeting for upcoming food pantry schedule.
Joseph's Place Sacred Heart Convent 287 Flower City Park Rochester, NY 14615 585-505-7800 <u>https://sacredheartrochester.org/groups-and-ministries/outreach-programs/josephs-place/</u>	14615	Call						Residents of Cathedral neighborhood can receive food and other items once a month. Food distributed on the 2nd, 3rd and 4th Wednesday of each month by appointment only. *Appointment calls ONLY made on 585-505-7800 Mon 1pm-3pm, Tues 9am-11am, Sat 9am-11am



City of Rochester—Northwest (cont.) Zip Codes 14606, 14608, 14612, 14613, 14615

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Maplewood-Edgerton Emergency Kupboard (MEEK) (At Church of the Ascension) 2 Riverside St Rochester, NY 14613 585-458-5423 https://www.ascensionroch.org/meek	14613, part of 14606, part of 14608, part of 14615	Call for days		See Notes		See Notes		Proof of address and IDs for all in need of food are required Care Closet: Provides personal care, cleaning supplies on 2 nd and 4 th Sat of each month from 9a-11a. Call (585) 458-4682 to make an appointment.
Volunteers of America 175 Ward Street Rochester, NY 14605 585-647-1150 https://www.voaupny.org/services Charlotte residents, also refer to Greece	14605 14608 14611 14613	Call					Call*	*Rental Assistance if available Languages: Spanish
listings under "Suburban"								

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City of Rochester—Southeast Zip Codes 14604, 14607, 14610, 14620, 14623

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Dimitri House 102 North Union Street Rochester, NY 14607 585-325-1796 <u>https://www.dimitri-house.org/food-</u> pantry	14604 14605 14607 14609	M, W, TH, F Call for appt	TU, W, TH 12 N to 3p		Call			Provides groceries to those who need to supplement their own food supplies. Once every 30 days (about 4 and a half weeks) by appointment. No referral necessary.
New Life Food Cupboard Congregation Beth Sholom 1161 Monroe Ave Rochester, NY 14620 585- 473-1240 https://southpc.org/2019/05/06/new-life-food-cupboard/	14607 14610 14620	2nd, 4th & 5th TH 9:30a- 12p		Call				Recipients are allowed to visit once each month. Donations of non- perishable food items and toiletries are appreciated (Closed Jewish Holidays, Thanksgiving and Christmas week)
Pittsford Food Cupboard (see Suburban)								
Third Presbyterian Church (see All Monroe)								
Trillium Health Food Cupboard (see All Monroe)								

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City of Rochester—Southwest

Zip Codes 14606, 14608, 14611, 14619

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Barakah Muslim Charity (See All Monroe)							Assistance	
Church of Love Faith Center 700 Exchange Street Rochester, NY 14608 585-454-3270 https://colfc.org/about-us/ Family Restoration Project Emergency	14606 14608 14611 14619 14608	M and SAT 10a- 12p Call						
Food Pantry 360 Wellington Ave Rochester, NY 14619 585-328-9270 http://newlifeministries.org/article/inner-city- outreach/	14611 14619							
Memorial AME Zion Church 549 Clarissa St Rochester, NY 14608 585-546-5997 https://www.memorialamezion.org/	14606 14608 14611 14619	M & W 4p-7p			<mark>М &</mark> W 4р-7р			
SWAN @ Montgomery Neighborhood Ctr 10 Cady Street Rochester, NY 14608 585-436-3090 <u>https://www.swanonline.org/programs</u>	14608, 14611, 14619	Call for Info					Call*	-Call for furniture when available -*Rental/mortgage assistance, Security Deposit Assistance, RG&E assistance if available
Outreach Community Center 447 Genesee Street Rochester, NY 14611 585-328-0887 Service/Intake	14606 14608 14611 14619	Call for Info	3 rd Sun of each month		Call			The Outreach Community Center makes food available to needy families on a regular basis. Once a family is signed up and placed in



http://outreachcommunitycenter.com/services2.html				the system, it can receive groceries
				from the pantry once a month

City of Rochester—Southwest (cont.) Zip Codes 14606, 14608, 14611, 14619

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
RF Mission (See All Monroe) SWEM Community Service 1049 Wegman Rd Rochester, NY 14624 585-235-4491 (office hours 10:30a-1:30p)	14428 14514 14546 14559 14606 14608 14611 14614 14619 14624 14623 *west of	Call for Interview						
Zion Hill Missionary Baptist Church 250 Dr. Samuel McCree Way Rochester, NY 14611 585- 328-4660 http://zion-hill.org/pantry-info-web.pdf	river 14608 14611 14619	TU-TH 11a-2p F 11a-1p		Call		Call		Food Pantry for those in need. Families can visit the pantry once per month and shop free of charge. Can receive 3 days' worth of groceries which is a value of over \$100 which will stretch grocery budget/free up money for other bills such as gas and rent. ID required



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Monroe County Suburbs

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Multiple Towns Combined Communities Food Closet Project (through Project FISH) 585-453-2370	Greece, Charlotte, Rush-Hen, Lima, West Bloomfield	Call		Yes	Call			Call M-TH 9am- 3pm with requests for food. A volunteer will call back
Southwestern Monroe County SWEM Community Service 1049 Wegman Rd Rochester, NY 14624 585-235-4491 (office hours 10:30a-1:30p)	14428 14514 14559 14606 14608 14611 14614 14619 14624 14623 *west of river	Call for Interview						
Brighton Brighton Food Cupboard (Jewish Family Service of Rochester) 585-271-5355 https://jfsrochester.org/brighton-food-cupboard/	14607 14610 14618 14620	Call M-F 9a-12p Delivery		Call		Call		The Brighton Food Cupboard follows a case management model. The clients do not come to the food cupboard, their case manager shops for them and delivers food to their home. The program provides weekly food deliveries, including Kosher, vegetarian, and gluten-free options.
Brockport (school district south of Ridge Rd) Brockport Ecumenical Emergency Food Shelf 14 State Street Brockport, NY 14420 585-637-8169	14420	1 st 4 TH of month 9a-12:30p and 2p-6p						Delivery will still be available by appointment for those who are either uncomfortable or unable to shop in person.



http://brockportfoodshelf.org									
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Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Greece Center 4 Hope Food Pantry 1301 Vintage La Rochester, NY 14626 www.center4hopegreece.org	14612 14615 14616 14626	1st Four TU of Month: 9a – 1:30p 2nd & 3rd TH of Month: 4pm – 7:30pm 1st Four SAT of the Month: 8:30am– 1:30pm						Food Pantry offers an abundance of healthy and wholesome food. Guests must provide identification and proof of residency each time they visit. Food is provided once a month by appointment only.
Cal-Mum school district residents Cal-Mum Food Pantry 957 George Street Mumford, NY 14511 585-538-6181 https://211lifeline.org/detail.php?id=32897845	14423, 14511 and parts of 14482	Call for Info						
Chili and surrounding areas First Presbyterian Church of Chili 3600 Chili Ave Rochester, NY 14624 (585) 889-9896 http://chili-presbyterian.org/new-food-cupboard/	14624	3 rd SAT 10a- 11:30a						
Chili and surrounding areas Grace Church of the Nazarene Food Pantry 2924 S. Union St Rochester, NY 14624 585-594-4555 https://www.gracenazroc.com/food-pantry	14624	Last W of Month 5:30p- 7p						



Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
East Rochester	14445	Call for			Call			
East Rochester Community Resource		Info						
Center								
333 East Chestnut Street								
East Rochester, NY 14445								
585-586-0525								
http://eastrochester.org/Community-								
Resources/Resource-Center								
Gates-Chili school district	14606	1 st and		Call		Call		Hygiene and household supplies
Gates Chili Food Pantry	14624	3 rd W						dependent upon availability
3 Spartan Way		3р-4р						
Rochester, NY 14624								
585-247-5050 x 12114								
Gates	14606	M, W &			Μ			The church has a separate
St. Theodore's Church Food Cupboard	14624	TH			12p-2p			clothing closet.
168 Spencerport Road		10a-12p			W			Also has a monthly program for
Rochester, NY 14606					11a-1p			families who need our help on a
585-429-5360					TH			regular basis and who qualify
http://www.sttheodoreschurch.com/ministries/					10a-12p			after an interview. Pick up day is
								the 3rd Wednesday of every month.
Greece/Charlotte	14612	Call for		Yes	Yes	Call		Calls accepted 24/7, returned M-F
Greece Ecumenical Food Shelf	14615	Appt		162	162	Call		9a-3p
500 Maiden Lane	14616	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,						
Rochester, NY 14616	14626	Delivery to						Hygiene and Household supplies dependent upon availability
585-683-9674 (hotline)		homebound						dependent upon availability
www.facebook.com/greecefoodshelf								
www.iacebook.com/greeceloousilell								



Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Greece, Charlotte, Hamlin Mission Share Outreach Ctr 10 Cedarfield Commons Rochester, NY 14612 585-368-0744 https://missionshareoutreach.org/services	14612 14615 14616 14626 14468	TU, W & TH 9a-3p		Yes	Yes			Pregnancy Care Center
Hamlin, Clarkson (parts) Life Solutions of Hamlin 1696 Lake Road Hamlin, NY 14464 585-964-7420 press 0 https://www.lifesolutionshamlin.org/projects	14464	Call for Appt		Yes	Yes	Yes		Clothing and household supplies: Emergencies only from Treasure Store (585) 204-2130 Also provides Easter, Thanksgiving and Christmas programs (food) Backpack program for children who received services in past year, coordinated with school district.
Hilton, Parma (school district residents) Hilton-Parma Emergency Food Shelf 59 Henry Street, Rm 201 Hilton, NY 14468 585-234-2090 https://hiltonparmacommunitycouncilofchurches.weebly.com/	14468	Call		Yes	Referrals Available	Yes		By appointment Hygiene and household supplies if available.
Honeoye Falls, Mendon, W. Bloomfield Honeoye Falls Friends in Service Here (FISH) 33 Monroe Street Honeoye Falls, NY 14472 585-484-7103 www.facebook.com/hffoodcupboard	14472 14506 14585	W By Appt M-TH Calls 9a-4p		Yes		Yes		Household supplies when available



Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Irondequoit	14617	TU and						
Irondequoit Community Cupboard	14622	SAT						
2841 Culver Road	Parts of	9:30a-						
Rochester, NY 14622	14609 <i>,</i> 14621	11a						
585-336-9107	11021	By appt						
www.irondequoitcommunity cupboard.org								
Irondequoit								
Community Food Cupboard (see City NE)								
Penfield school district	14526	W						
Penfield Ecumenical Food Shelf	14625	Call for						
1618 Jackson Road		Appt						
Penfield, NY 14526								
585-234-0799								
https://www.penfieldecumenicalfoodshelf.com/								
Penfield	14526	Call		Call		Call		
Southeast Bible Baptist								
MyGround Foodbank								
1850 Fairport Nine Mile Pt Road								
Penfield, NY 14526								
585-388-0850								
https://myground.org/foodbank								
Perinton, Fairport	14450	M-F						By appointment only.
Perinton Food Shelf		9a-5p						A volunteer will call back
P.O. Box 381								within 24 hours during
Fairport, NY 14550								weekdays.
585-425-7410								
http://perintonfoodshelf.org/								



Monroe County Suburbs (cont.)

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Pittsford, E. Rochester, Brighton, Mendon,	14445	TU & F		Yes		Yes		
Honeoye Falls, SE Rochester	14472	9:30a-						
Pittsford Food Cupboard	14506 14534	1:30p						
3800 Monroe Ave	14554	-						
Pittsford Business Park, Suite 26	14610	1 st and						
Pittsford, NY 14534	14618	3 rd SAT						
585-264-9860	14620	9:30a-						
http://www.pittsfordfoodcupboard.net/		11:30a						
Spencerport, Ogden & Spencerport school district	14559	Call						
Spencerport Ecumenical Food Shelf								
425 Ogden-Parma Town Line Rd								
Spencerport, NY 14559								
585-397-0290								
https://www.communitywishbook.org/spencerport-								
area-ecumenical-food-shelf.html								
Webster	14580	Call		Yes	Yes	Yes	Call*	May have small kitchen
Webster Hope, Inc								appliances, dishes, etc.
1450 Ridge Rd.								Financial Assistance: rent if
Webster, NY 14580								available prevention of
585-265-6694								homelessness
www.websternyhope.org								
								Furniture: On occasion

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