



Lifespan Gerontology Certificate Program

In partnership with the Finger Lakes Geriatric Education Center (FLGEC) at the University of Rochester Medical Center

2024-2025 Course Schedule*

The Lifespan Gerontology Certificate Program in partnership with the Finger Lakes Geriatric Education Center (FLGEC) at the University of Rochester Medical Center provides foundational gerontology education to foster intergenerational connection and deepen understanding of a wide range of age-related topics for professionals and community members.

Lifespan of Greater Rochester is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers # SW-0089.

Overall goals of program:

1. Deepen understanding of wide-ranging aging and longevity topics.
2. Foster intergenerational learning and understanding.
3. Integrate themes of equity, justice, and person-centered care throughout the course with mindfulness of the intersection of experiences and identities (i.e., intersection of ageism, racism, sexism, classism, homophobia, transphobia, etc.).

To receive the certificate, regular attendance and active participation is required. There are 8 units and the number of classes within each unit varies. There are 31 classes (77.5 contact hours) total. Opportunities to make-up missed classes are available.

*class dates are tentative as of spring 2024

Unit 1: Introduction for students in cohort A, September 2024 – May 2025)		
1	Introduction to Gerontology & Social Theories of Aging	09/18/2024
Unit 2: Biological & Medical Aspects of Aging		
2	Physiological Aspects of Aging, Part 1	9/25/2024
3	Physiological Aspects of Aging, Part 2	10/2/2024
4	Functional Assessment of Older Adults	10/9/2024
5	Polypharmacy	10/16/2024
6	Medical Perspectives on Alzheimer's Disease & Related Dementias (ADRD)	10/23/2024

7	Aging & Lifestyle Medicine	10/30/2024
Unit 3: Jurisprudential Gerontology		
8	Health Insurance for Older Adults: Medicare & Medicaid	11/6/2024
9	Foundations of Social & Public Policy	11/13/2024
10	Legal Aspects of Aging: Advance Care Planning	11/20/2024
--	(Thanksgiving – no class)	11/27/2024
11	Innovative Brain Health Research & Implications	12/4/2024
Unit 4: Environmental Gerontology		
12	Age-Friendly Livable Communities	12/11/2024
13	Occupational Therapy Strategies to Age-in-Place	12/18/2024
Unit 1: Introduction for students in cohort B, January 2025 – December 2025)		
1	Introduction to Gerontology & Social Theories of Aging	01/15/2025
Unit 5: Equity & Justice in Aging		
14	LGBTQ+ Safe Space: Serving Aging Pioneers	01/22/2025
15	Intergenerational Trauma & Resilience	01/29/2025
16	Health Literacy for Health Equity	02/05/2025
17	Aging with Intellectual and Developmental Disabilities	02/12/2025
18	Indigenous Perspectives on Aging	02/19/2025
19	Still Kicking: Confronting Ageism & Ableism	02/26/2025
20	Deaf Culture & Aging	03/05/2025
Unit 6: End-of-Life Care & Considerations		
21	Hospice and Palliative Care	03/12/2025
22	Spirituality & End-of-Life	03/19/2025
23	Ethics at End-of-Life	03/26/2025
24	Grief & Bereavement	04/02/2025
Unit 7: Psychosocial Aspects of Aging		
25	Sexuality & Aging	04/09/2025
26	Mental Health Assessment of Older Adults	04/16/2025
--	(left open for make-up class, if needed)	04/23/2025
27	Dynamics of Family Care Partnering/Family-Framed Care	04/30/2025
28	Social Perspectives on Alzheimer's Disease & Related Dementias & Community Support	05/07/2025
Unit 8: Community-Based Services & Supports		
29	Evidence-Based Education & Wellness Programming for Older Adults	05/14/2025
30	Elder Abuse & Prevention	05/21/2025
31	Substance Misuse in Older Adults	05/28/2025
Optional Certificate Ceremony on 06/04/2025		